



SEPTEMBER '2026 NEWS LETTER



Contents

 From Screening to Action	2
 Care That Comes Closer	2
Clearer Vision Brighter Classrooms	2
A Little Reassurance A Needed Test	3
A Reason to Smile	4
 A Place to Turn Each School Day	5
Everyday Care Across Four Schools	5
The Conversations That Continue	5
 Growing the Possibilities for Care	6
Building the Future of School Health	6
Partnerships That Make Care Possible	6
September in Numbers	6
 A Milestone in Trust and Accountability	6
OeR Is Now PCP Certified	6
Why This Matters	7
 Thank You for Keeping Care Within Reach	7



From Screening to Action

A month of care in motion

Dear friends of OeR,

A screening can reveal a concern. What follows can open the door to care. This September, your support helped Omer-e-Rawan Foundation bring that next step closer to students: an eye examination, a needed blood test, a dental check or a conversation with someone ready to listen.

Across our four school-based Wellness Centres, daily care continued alongside a busy month of health camps and psychological support. Students identified through screening received follow-up, further investigation and referrals according to their needs. Our Awareness → Screening → Support & Intervention pathway took shape in these everyday acts of care.

This edition shares the work behind those moments, the partnerships that made them possible and the possibilities we are exploring for the future of school health.

915 student visits across four infirmaries
500 psychologist and counsellor sessions
167 students screened at two eye camps
288 students screened at the F-11 dental camp

“Every follow-up is a chance to help a child take the next step with support.”

Care That Comes Closer

Clearer Vision Brighter Classrooms

“Sometimes, helping a child see the classroom clearly is where a new possibility begins.”

September brought eye care within reach at F-11/3 and F-8/4 through camps with Allah Walay Trust. Across the two schools, 167 students were screened and 118 were identified as requiring glasses: 74 at F-11 and 44 at F-8.

At both centres, the medical team documented spectacle distribution, checks of vision after glasses were fitted, and guidance on caring for them. Students needing glasses chose their

preferred frames. These practical steps matter: clearer vision can help students read, participate and feel more comfortable in the classroom.



Eye screening at the Allay Walay Trust Eye Camp

A Little Reassurance A Needed Test

For a child who is nervous about a needle, a calm explanation can make a difficult moment easier. The teams at all centres reassured younger students before blood sampling. Students also received support to ease their anxiety. Care included taking time to help them feel prepared.



A calm, friendly setting helps students feel at ease before blood sampling.

Working with Islamabad Diagnostic Centre, OeR brought blood investigations into schools for students needing further assessment. F-11 covered 96 students; F-6 conducted 24 tests; F-8 collected samples from 25 students; and I-14 tested 44 students. Consent and medical guidance were central to the process.



Blood testing in school, carried out with Islamabad Diagnostic Centre.

“When care comes closer, asking for help becomes a little easier.”

A Reason to Smile

The dental camp with HBS Dental College at IMCG F-11/3 reached 288 students. Bringing oral health screening into school gave students an accessible opportunity to have their teeth checked and concerns identified. It was another way to make preventive care part of the place where children spend their day.



Students receive a dental check-up at the camp.

A Place to Turn Each School Day

Behind September's camps was something quieter and just as valuable: the Wellness Centres continuing to welcome students. A headache assessed, a nutritional concern followed up, a worried student heard. These moments make support a familiar part of school life.



Wellness Centres are a familiar, welcoming part of the school day.

Everyday Care Across Four Schools

Together, the infirmaries recorded 915 student visits during September: 294 at ICG F-6/2, 181 at IMCB F-8/4, 244 at IMCG F-11/3 and 196 at IMSB I-14/3. The teams provided primary medical care, screenings, follow-up and referrals, helping students access support close to their classrooms.

Nutrition monitoring remained part of that continuing care. F-6 recorded 105 underweight follow-ups and F-8 recorded 37. At F-6, the team also helped students access specialist consultations and supervised treatment, with further assessment planned where needed. These steps show how an infirmary visit can connect a student to a wider circle of care.

"A child who feels heard has a place to begin."

The Conversations That Continue

"Having someone to return to can make asking for help feel a little easier."

Emotional support takes time. In September, psychologists and counsellors provided 500 sessions across the four centres: 225 at F-6, 87 at F-8, 71 at F-11 and 117 at I-14. Each session offered space to explore concerns and continue the work started in an earlier conversation.



At F-6 alone, psychological screening reached 130 students and identified 40 for follow-up. Across the centres, teams worked with parents, teachers and clinical supervisors to understand students' needs and coordinate support. Students requiring specialist care were referred beyond the school setting.

This work often happens away from the spotlight. Its value lies in the time given to a student, the attention paid to a concern and the willingness to keep following up. Your support helps make that continuity possible.

Growing the Possibilities for Care

Building the Future of School Health

How can school health teams reach more children while giving each concern the attention it deserves? September's technology discussions with AVM Rizwan at NUST explored possibilities including digital screening applications, wearables, mobile tools and more engaging ways for students to track their health.

The discussion also placed data privacy and human supervision of AI-assisted reports at the centre of future planning. These ideas remain possibilities to explore. The aim is to help teams use their time well and build a model of school health that can grow responsibly.

"The care we make possible together can reach further than any of us alone."

Partnerships That Make Care Possible

September's work brought together the skills and commitment of Islamabad Diagnostic Centre, Allah Walay Trust and HBS Dental College, alongside our school partners, doctors, psychologists and counsellors. School teams helped coordinate students and families; healthcare partners brought specialist services closer. Together, they helped turn identified needs into opportunities for care.

September in Numbers

915 student visits across four infirmaries

500 psychologist and counsellor sessions

167 eye screenings • 118 students identified as needing glasses

288 dental screenings at F-11

A Milestone in Trust and Accountability

OeR Is Now PCP Certified

We are proud to share that Omer-e-Rawan Foundation is now certified by the Pakistan Centre for Philanthropy (PCP), with recognition as a nonprofit organisation under Section 2(36) of the



Income Tax Ordinance, 2001. This milestone strengthens the foundation behind our work and our commitment to the people who place their trust in us.

“Your trust is part of every act of care. Honouring it is part of our responsibility.”

Why This Matters

PCP is an FBR-designated certification agency that evaluates nonprofit organisations against standards covering governance, oversight, financial management, policies, compliance and programme delivery. For donors and partners, certification offers an independent basis for confidence in the systems behind an organisation’s work.

For OeR, this means celebrating progress while continuing to strengthen how we manage resources and deliver care. Clear financial records, responsible decisions and consistent programme practices help us honour the generosity that sustains our Wellness Centres. Certification also supports relationships with partners who value transparency and accountability.

PCP certification and Section 2(36) approval serve distinct roles: PCP evaluates organisational standards, while the Commissioner Inland Revenue grants statutory nonprofit approval. Applicable tax benefits depend on the relevant legal conditions; certification alone is not a blanket tax exemption.

As we look ahead, this milestone reinforces our commitment to build dependable services for students and families. We are grateful to everyone helping OeR grow with care, purpose and accountability.

Thank You for Keeping Care Within Reach

To our donors, partners, schools, healthcare teams, counsellors and volunteers: thank you. Your contribution helps a student receive a needed test, return for a follow-up or find someone who will listen. These are practical acts of support, and they carry hope. With you, we can continue helping children access care where they learn and grow.

OMER E RAWAN FOUNDATION • MONTHLY NEWSLETTER