AUGUST ‘2026 NEWS LETTER

Omer-e-Rawan Foundation

Contents

🌱 Building Foundations: Capacity & Care 2

🏥 Expanding Access: The New I-14 Wellness Centre 4

🩺 Care That Continues Beyond Screening 4

💡 From Identification to Treatment: A Story of Impact 5

🤝 Partnerships That Bring the Vision to Life 6

📊 August in Numbers 7

I hope you are keeping well.

As September progresses, we wanted to pause and share a window into what was a particularly vibrant and transformative August for all of us here at the **Omer-e-Rawan Foundation (OeR)**. Thanks to the steadfast partnership of our donors, allied schools, healthcare professionals, counselors, and volunteers, August saw us deepen our roots in existing communities, open doors in a brand-new school, and—most importantly—**turn health concerns into healing** for children who need it most.

At OeR, our work always follows a *simple yet profound promise*:

$$Awareness \longrightarrow Screening \longrightarrow Support\ \&\ Intervention$$

August was a powerful reminder of what this continuum of care looks like when put into practice every single day.

🌱 Building Foundations: Capacity & Care

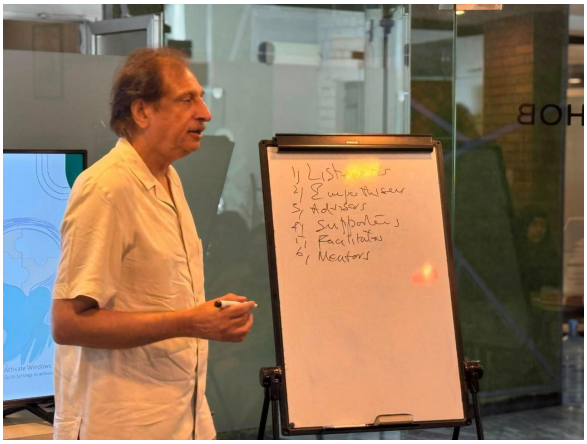
Before we expand our footprint, we ensure our teams are fully equipped to provide the highest standard of care.

- **ASPIRE Teachers Training Programme (3–7 Aug):** Equipped educators across critical wellness pillars, including student wellbeing, inclusivity, WASH, nutrition, and school policy.
- **Wellness Counsellor Training (10–13 Aug):** Welcomed and trained **11 new counselors and psychologists**, immediately fueling our expanded network.
- **Clinical Supervision:** Deepened our psychological oversight through rigorous case discussions with leading experts **Dr. Mowadat Hussain Rana** and **Dr. Nargis Nawaz** at F-6, alongside active case reviews at F-11.

"Strong care begins with strong teams."

Expanding access must always be matched with professional oversight—ensuring our teams are as supported as the children they care for.









Highlights from the ASPIRE Teachers Training and OeR Wellness Counsellor Training programmes.

🏫 Expanding Access: The New I-14 Wellness Centre

A major milestone this August was stepping foot into the IMSB **I-14 school community**. Following an initial awareness campaign and two days of high-energy screening (fuelled by delicious lunches kindly sponsored by **KFC**), **the impact was immediate**:

- **378** students screened through the psychological program.
- **15** students identified for immediate follow-up care.
- **30** students welcomed into the new I-14 infirmary during its first three operational days, recording **21 OPD cases and 4 referrals**.

On **24 August**, the permanent IMSB I-14 Wellness Centre officially opened its doors. We are deeply grateful to **Chiesi Pharmaceuticals** for sponsoring our Wellness Centres, creating safe, welcoming spaces where students can receive continuous medical and emotional support.

"A Wellness Centre is more than a space; it is a place where a child knows support is within reach."



Inside the IMSB I-14 school community, home to the new Wellness Centre.

🩺 Care That Continues Beyond Screening

For OeR, *screening is never a one-time event; it is the beginning of a relationship*. In our established school centers, the commitment never slowed down:

- **IMCG F-11/3:** 173 students seen at the infirmary, yielding 213 OPD cases/follow-ups, 21 screenings, and 12 referrals/consultations, alongside ongoing monitoring for refractive errors and nutrition.
- **IMCB F-8/4:** 162 students seen, 78 OPD cases, 35 screenings, and dedicated follow-ups for **47 underweight students**.
- **ICG F-6/2:** 87 students seen through the medical program with 87 OPD/follow-up cases, plus continuous nutritional monitoring for **30 underweight students**.
- **Mental Health Support:** In F-11 alone, **68 students** utilized psychological programs (including 38 follow-ups). In F-6, psychologists conducted another **38 follow-up sessions**, *proving that our children receive continuous, long-term support rather than just a single check-up.*

"Screening is where the journey begins — not where it ends."

💡 From Identification to Treatment: A Story of Impact

For us, identifying a concern should never be where the journey ends.

This month, a young female student requiring treatment for adenoids had her surgery fully facilitated by OeR. Her journey represents the heart of our mission: bridging the exact gap between discovering a medical need and securing actual, life-changing treatment.

Furthermore, on **27 August**, we partnered with **Allah Walay Trust** at ICG F-6/2 to host a comprehensive eye camp:

- **118** students and staff members screened.
- **77 total individuals** (66 students and 11 staff) identified with refractive errors.
- **Result:** All of them will receive custom prescription glasses **completely free of cost**.

For a child struggling to see the classroom board, a simple pair of glasses changes everything—transforming their confidence, participation, and academic future.

"A clearer view of the classroom can mean a clearer path to learning."





Free eye camp at ICG F-6/2, held in partnership with Allah Walay Trust.

🤝 Partnerships That Bring the Vision to Life

None of this happens in isolation. On **25 August**, we proudly signed an MoU with **HBS Medical & Dental College**, locking arms to institutionalize our health frameworks. Together with **Chiesi Pharmaceuticals, KFC, and Allah Walay Trust**, our partners show us daily how *community collaboration transforms lives.*

"Partnership turns possibility into access."



Signing the MoU with HBS Medical & Dental College.

📊 August in Numbers

Here is a snapshot of the tangible difference your support made this past month:

Service Area	August Reach
I-14 Psychological Screenings	378 students
I-14 Psychological Follow-ups Flagged	15 students
Infirmary Consultations (F-11, F-8, F-6 combined)	422+ student visits
Psychological & Counselor Sessions	76 targeted sessions

Our Cumulative Journey To Date:

- **11,165** students and faculty screened
- **1,543** refractive errors identified
- **448** students equipped with prescription glasses
- **820** psychological counseling sessions conducted
- **1,075** teachers and faculty members trained

Behind every single one of these figures is a real child who was noticed, a health barrier broken down, an educator empowered, or a future brightened.

"Behind every number is a child. Behind every intervention is an opportunity to change a life."

To our donors and partners: thank you for placing your trust in the Omer-e-Rawan Foundation. ***You aren't just helping us count numbers; you are helping us build the systems and pathways that allow children to thrive.***

We look forward to sharing more personal stories and progress with you soon through our upcoming monthly ***Omer-e-Rawan Gazette***.

Warmest regards,

Omer-e-Rawan Foundation (OeR)